

# Ben Cruachan Walking Club - Walk Preview

Please register with Walk Leader before the day of the walk. See website: <a href="http://bencruachanwalkingclub.com/">http://bencruachanwalkingclub.com/</a>				
<b>Walk:</b>	<b>BILLY GOAT BEND TO DEN OF NARGUN</b>			
<b>Area:</b>	<b>MITCHELL RIVER NATIONAL PARK</b>			
<b>Day &amp; Date:</b>	Saturday 24 August 2024	<b>To be publicised in local papers?</b>		No
<b>Grade:</b>	M-7-7	<b>Style:</b>	ONE WAY	
<b>Walk Length:</b>	10 KMS	<b>Walk Duration:</b>	5 Hours	
<b>Meeting Place:</b>	Den of Nargun Car Park	<b>Meeting Time:</b>	8.30 AM	
<b>Walk Summary:</b>	<p>Firstly we will leave some cars at Den of Nargun, then transport all walkers to the start of the walk at Billy Goat Bend which is a 15 minute drive. This walk will follow the Mitchell River from Billy Goat Bend and the Amphitheatre downstream to Den of Nargun. The walk is on the Western side of the river on a made track which passes through numerous shady gullies. There are a few steep and slippery pinches coming out of the gullies, some of the track is high above the river with views of great rapids, rocky bluffs with plenty of photo opportunities. We will have lunch along the way somewhere.</p> <p>AFTER RECCE 11/8/24, TRACK VERY DAMP, SLIPPERY AND HARD TO NEGOTIATE IN PARTS, WALKERS NEED TO HAVE GOOD BALANCE, WALKING POLES WOULD BE AN ADVANTAGE.</p> <p>Please contact walk leader prior to the walk if intending to participate.</p>			
<b>Walk Leader:</b>	Marian Matchan	<b>Email:</b>	Matcho01@bigpond.com	<b>Phone:</b> 0448 523 287

Insert photo here

Email this preview to [walkbcwc@gmail.com](mailto:walkbcwc@gmail.com)

If preview to be publicised in local papers, email original photo which is a minimum of 200 kb with preview.