Ben	Cruachan Walkin	ng Club	- Walk Preview			
Please registe	r with Walk Leader before the day of th	e walk. See web	site: http://bencruachanwalkingclub.com/			
Walk:	Nowa Nowa Wetlands & Stony Creek Trestle Bridge					
Area:	Colquhoun State Forest					
Day & Date:	Sunday 23 rd June	To be pub	To be publicised in local papers? No			
Grade:	M-1-2	Style:	Day Circuit			
Walk Length:	12km	Walk Duration	3hrs			
Meeting Place:	Launching Road – Nowa Nowa	Meeting Time:	10am			
Walk Summary:	The walk commences at the Nowa Nowa wetlands with a pleasant walk along the waterway with a well-made path and some boardwalk. Abundant birdlife can be spotted along this part of the walk. The track then leaves the water with a steady uphill climb through open forest to the Princes Highway. After crossing the highway, we continue through the Colquhuon Forest to the East Gippsland Rail Trail. A short walk west along the rail trail will take us to the historic Stoney Creek trestle bridge. This will be a good place lunch whilst we contemplate the engineering that must have gone into building such a majestic structure. After lunch we will return to Nowa Nowa via the East Gippsland Rail Trail.					
	This walk is a great walk for beginners with a well-made trail with generally an easy gradient. One steady hill climb may get the heart rate up but is not far and will be tackled at a gentle pace.					
	The meeting place is just off the high	ghway at Nowa	Nowa. From Lakes Entrance turn right into			

Launching Road (just beyond Mingling Waters) and continue down to the water.

Don't forget to bring your lunch and drink bottle. We may also have time for an optional coffee at Nowa Nowa General Store.



١	Walk Leader:	Debbie Smith	Email:	adsmith@westnet.com.au	Phone:	0487388460	
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