

Ben Cruachan Walking Club – Walk Preview & Plan

Please register with Walk Leader before the day of the walk. See website: http://bencruachanwalkingclub.com/upcoming-walks.html					
Walk:	Long Hill Track – Crinoline & McMillans Track circuit				
Area:	Alpine National Park				
Date:	Fri 13 to Sun 15 th April 2018	To be publicised in local papers?		No	
Grade:	X-10-10	Style:	Long and Hard		
Walk Length:	23 kms Day 1 & 18km Day 2	Walk Duration:	Days 1: 9 hrs, Day 2: 9 hrs		
Meeting Place:	Breakfast creek	Meeting Time:	Friday night at Breakfast Ck		
Walk Summary:	<p>This walk is not for the faint hearted! The distance to be covered is significant but the views and scenery are worth the effort. Carrying a day pack only, Day 1 will start by travelling to Dingo Hill track and commence walking along Long Hill Spur Track. Due to the distance involved an early start will be required. We will spend some time exploring the “Rock Shelter” before continuing along Long Hill Spur. This is an active Deer Hunting area, so high visibility gear is recommended to assist you in surviving along this section of track. With luck we will reach Long Hill and enjoy the views which are endless on a clear day. Not far beyond is a campsite where we will stop for lunch. Time permitting, we will check out the water situation in Long Hill creek, involving a 15-minute scrub bash.</p> <p>Beyond, lies the Crinoline which is approached along a well-defined but rocky section of track. Upon reaching the Crinoline we will tackle the summit head on involving some rock climbing skills. If you survive the climb, the summit of the Crinoline is an anticlimax. But the walk down offers spectacular views, albeit on slippery slopes. Beyond lies Breakfast creek and our campsite at the end of Day 1.</p> <p>Day 2 involves a not so gentle stroll up McMillan’s Track. Following a Spur all the way up to Mt Tamboritha and beyond. Fortunately, recent track maintenance will assist us in finding our way through what was previously some serious overgrown section of track. The distance we cover today will be shorter, but it will predominantly be up, up and more up - all the way. So, make sure you bring some walking poles or a decent stick!</p> <p><i>NB: Due to the distance and pace required, the number of walkers will be limited to 6</i></p>				
Walk Leader:	Helmut Tracksdorf	Email:	helmut.tracksdorf@bigpond.com	Phone:	0402 089 404

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THE ROCK SHELTER



APPROACHING THE CRINOLINE

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