

Ben Cruachan Walking Club - Walk Preview

Walk:	COWOMBAT FLAT & THE PILOT			
Area:	ALPINE NATIONAL PARK / KOSCIUSZKO NATIONAL PARK			
Date:	Fri 11 th Nov – Sun 13 th Nov	To be publicised in local papers?	Yes?	
Grade:	L - 8 – 7 Some off-track hiking involved	Style:	3 Day Pack carry with Overnight camping	
Walk Length:	Day 1: 12km Day 2: 18km Day 3: 12km	Walk Duration:	Day 1: 5hrs Day 2: 8hrs Day 3: 5hrs	
Meeting Place:	Howitt Park – Lucknow, Bairnsdale		Meeting Time:	8:00 am
Walk Summary:	<p>This walk scheduled over 3 days covers 40km+ and traverses a 20km section of the AAWT along Cowombat Flat Track and beyond to The Pilot located within the Kosciuszko National Park. While the walk is predominantly along 4WD tracks there will be some off-track hiking involved when returning from the summit of The Pilot, as we follow the ridgeline back down to Cowombat Flat rather than the 4WD track. There is no designated track along this section and the bush becomes very thick in places. ie: some scrub bashing will be involved. Prior to our return to Cowombat Flat we will divert to locate the natural spring / soak that represents the official starting point of the mighty Murray River and then continue on to Forest Hill Cairn which is the official starting/end point of the Black Allen line. All going well and if we survive, the group will return to the base camp at Cowombat Flat.</p> <p>This walk takes place within a designated Wilderness Area, where water may be scarce along the track if the weeks leading up to the walk have been dry. However, water will be available at the designated campsite – Cowombat Flat. The terrain is not flat so walkers will need to be fit and prepared for all weather conditions, including Alpine climate.</p> <p>The proposed walk schedule is as follows: Day 1: 3hr drive to starting point. Hike 4hrs along 4WD track & set up camp at Cowombat Flat. 12km Day 2: Crossing the Murray River we hike to The Pilot where we will gain views of Mt Kosciuszko and the surrounding mountains, return via a scrub bash to visit the source of the Murray river and Forest Hill cairn. Then return to camp. Approx 18km Day 3: Pack up camp and return via Cowombat Track to vehicles. 12km.</p> <p><i>NB: this walk will be limited to 10 participants, so registration will be on a first come first served basis.</i></p> <p style="text-align: center;">Please be advised: Registration with the Walk Leader is required for all walks.</p>			
Walk Leader:	Helmut Tracksdorf	Email:	helmut.tracksdorf@bigpond.com	Phone: 0402 089 404



Summit of The Pilot



Forest Hill Cairn



The mighty Murray River