

# Ben Cruachan Walking Club - Walk Preview

<b>Walk:</b>	<b>THE SISTERS - NORTH PEAK</b>			
<b>Area:</b>	<b>MOUNT ALFRED STATE FOREST (N.E. of MITCHELL RIVER NAT. PARK)</b>			
<b>Date:</b>	3 August 2019	<b>To be publicised in local papers?</b>		Yes
<b>Grade:</b>	S - 7 - 8	<b>Style:</b>	Day Return	
<b>Walk Length:</b>	8 Kilometres	<b>Walk Duration:</b>	6 Hours	
<b>Meeting Place:</b>	Stratford Lindenow	<b>Meeting Time:</b>	7:00 am @ Stratford 7:30 am @ Lindenow	
<b>Walk Summary:</b>	<p>This is an adventurous walk in the Mount Alfred State Forest, North East of Mitchell River National Park: an area rarely visited by bushwalkers. The walk starts at the Merrijig Track and follows the route of an old forestry track through mostly open forest with a range of understory plants and plenty of birdlife.</p> <p>It is all off-track with plenty of bush bashing, rock hopping and clambering over fallen trees. There are sections of the walk which are quite steep and rocky. A reasonable level of fitness is required and good quality footwear is a must. We will climb to the summit of the Sisters North Peak and then follow a ridgeline across a saddle to a rocky bluff with panoramic views to the West, North and East.</p> <p>To get to the start point we will drive for approximately 90 minutes from Lindenow (on mostly unsealed roads) through quite picturesque forests with opportunities for wildlife spotting.</p> <p>Topographical Map: Cobbannah-Tabberabbera 8322-N 1:50,000</p> <p>Rooftop Map: Bairnsdale - Dargo - Omeo Adventure Map 1:100,000</p> <p style="text-align: center;"><a href="#">Please register with Walk Leader before the day of the walk.</a></p>			
<b>Walk Leader:</b>	Ken Free	<b>Email:</b>	kenfree@iprimus.com.au	<b>Phone:</b> 0414 774 144

